

## FAQ'S About Stone Springs Experience

- **When will LCM start delivering at Stone Springs?**  
As soon as at least 2 midwives are credentialed there. We expect to begin in early October 2017.
- **Will LCM deliver at both hospitals?**  
Probably, for a short time, but as soon as all 5 delivering midwives are credentialed, we will stop delivering at INOVA.
- **Why can't I find anything about The Midwifery Center at Stone Springs online?**  
Because it doesn't exist until we get there! The entire L&D Unit will be The Midwifery Center vs. a stand-alone facility. It will be outfitted as a birth center and it will function as one. The difference is that if any physician intervention becomes necessary, it is right there!
- **Can I get an epidural?**  
Yes.
- **Is Nitrous available?**  
Not now, but it may be available in the future.
- **Are the Stone Springs anesthesiologists in a group split between other hospitals, or do they only work at Stone Springs?**  
They only work at Stone Springs.
- **How many people can attend the birth?**  
This is your preference.
- **What insurances do they accept?**  
The same ones we do now.
- **Can I get a tour of the facility?**  
Yes. To schedule a tour of Labor & Delivery, call 571-349-5200.

- **Do they perform family-friendly cesareans?**  
 Yes. There is a clear drape available. Cord-clamping can be delayed within parameters. Skin-to-skin after delivery is an option.
- **Can I eat during labor?**  
 YES!!
- **Can a patient eat during labor if they are a VBAC?**  
 No.
- **Is food service available at night?**  
 A tray can be pre-ordered and held until delivery.
- **Are there bath tubs?**  
 There will be by the time we get there. The tubs will be large enough for 2 people. Laboring in the tub will be allowed, but water-birthing is not an option at this time.
- **Is there wireless monitoring?**  
 Yes.
- **Can babies stay if they need phototherapy?**  
 Yes, in most cases.
- **Will Stone Springs be adding breastfeeding classes?**  
 Yes.
- **Do all breast-feeding moms get a lactation consult?**  
 Right now, the lactation consultant works 3 days/week and conducts a monthly class. Coverage will expand as the program expands with added births at the hospital.
- **Is there an outpatient lactation program to see problem visits?**  
 Yes, by appointment.
- **Are breast pumps available for rent?**  
 No, but see our Resources section on our website.

- **Are postpartum massages available?**  
Not yet, but this is being looked into as a future amenity.
- **Is there a photographer?**  
Not yet, but they are in talks to contract with one.
- **Is there a Birth Registrar?**  
Yes.
- **Do we have a list of local Pediatricians?**  
Not yet, but we'll have a list available shortly.
- **Is early discharge available?**  
24-hour discharge is available. They are working with the pediatricians to develop a 12-hour discharge protocol/policy.